

<b>Title:</b>	<u>Employee Illness Self-Assessment</u>	<b>Current Date Issued:</b>	<u>03-23-2020</u>
<b>Practice Owner:</b>	<u>Director of Medical Operations</u>	<b>Original Date Issued:</b>	<u>03-23-2020</u>

**Purpose:** This best practice guide outlines the appropriate procedure for performing a self and pre-shift assessment of potential illness and fitness for duty of a STAT MedEvac employees.

**Criteria:** All employees must perform this assessment before and at the beginning of the work period. If there is a change in condition, refer to this BPG for additional guidance as well.

**Procedure:**

**Exposure Assessment**

If any of the items below are present at any time, follow “Positive Screen” procedure below.

Exposure Assessment		
Yes	No	
<input type="checkbox"/>	<input type="checkbox"/>	Travel outside of the United States within the 14 days prior to a work period
<input type="checkbox"/>	<input type="checkbox"/>	Exposed to an individual suspected of or under evaluation for COVID-19 when not wearing appropriate personal protective equipment
<input type="checkbox"/>	<input type="checkbox"/>	Notified by state or county health department to self-quarantine due to a potential exposure to COVID-19

**Symptom Assessment**

Prior to arriving for a shift, each employee must evaluate themselves for the Symptom Assessment items below. Additionally, upon initiation of a shift, employees working in teams must assess each other for the assessment items below. If any are positive either prior to or at any time during the shift, follow “Positive Screen” procedure below.

Symptom Assessment		
Yes	No	
<input type="checkbox"/>	<input type="checkbox"/>	Fever (subjective or measured temperature >100.0°F or 37.8°C)
<input type="checkbox"/>	<input type="checkbox"/>	Difficulty breathing or shortness of breath
<input type="checkbox"/>	<input type="checkbox"/>	Cough
<input type="checkbox"/>	<input type="checkbox"/>	Unexplained fatigue
<input type="checkbox"/>	<input type="checkbox"/>	Diarrhea
<input type="checkbox"/>	<input type="checkbox"/>	Any other symptoms the employee finds concerning

**Positive Screen**

If any assessment items are present, the employee must contact their occupational health provider below and then their supervisor for guidance on whether they should report to work or continue a shift. If there is a question on fitness for duty, the manager will contact the Medical Director on Call.

- UPMC Employees: Call MyHealth@Work at 1-833-854-7386.
- Hopkins Employees: Call Johns Hopkins Hospital Occupational Health at 410-955-6211.

**Return to Work**

For any employee who has been determined to not be fit for duty they will be able to return to work as determined by their occupational health provider and their supervisor. General guidance based on CDC and Pennsylvania Department of Health recommendations is provided in this BPG as reference. If there is a question or disagreement in fitness for duty, the supervisor will contact the Medical Director on Call.

## Return to Work for Asymptomatic Healthcare Personnel after a Possible COVID-19 Exposure

Prolonged (>2-3 min) close contact with a COVID-19 Patient who was wearing a facemask			
HCP PPE	Exposure Category	Recommended Monitoring	Action
Not wearing a facemask or respirator (N95)	Medium	Active	Exclude from work for 14 days after last exposure. If community transmission and workforce shortage, may work with facemask.
Wearing a facemask or respirator +/- other protection	Low	Self with delegated supervision	None
Prolonged (>2-3 min) close contact with a COVID-19 patient who was NOT wearing a facemask			
HCP PPE	Exposure Category	Recommended Monitoring	Action
Not wearing a facemask or respirator (N95)	High	Active	Exclude from work for 14 days after last exposure. If community transmission and workforce shortage, may work with facemask.
Wearing a facemask or respirator without eye protection	Medium	Active	Exclude from work for 14 days after last exposure. If community transmission and workforce shortage, may work with facemask.
Wearing a facemask or respirator with eye protection	Low	Self with delegated supervision	None

\* NOTE: Exposure Category should be elevated one level in cases of extensive body contact (e.g. rolling patient) or if aerosol-generating procedures (e.g. intubation, nebulizer treatment, CPR) were performed.

## Return to Work for Symptomatic Healthcare Personnel After Confirmed or Suspected COVID-19

Strategy	Exclude from Work Until:
<b>Test-Based</b>	<ol style="list-style-type: none"> <li>Resolution of fever without the use of fever-reducing medications, <b>AND</b></li> <li>Improvement in respiratory symptoms (e.g., cough, shortness of breath), <b>AND</b></li> <li>Negative results of an FDA Emergency Use Authorized molecular assay for COVID-19 from at least two consecutive nasopharyngeal swab specimens collected <math>\geq 24</math> hours apart (total of two negative specimens)</li> </ol>
<b>Non-Test-Based*</b>	<ol style="list-style-type: none"> <li>At least 3 days (72 hours) have passed <i>since recovery</i> defined as resolution of fever without the use of fever-reducing medications <b>and</b> improvement in respiratory symptoms (e.g., cough, shortness of breath), <b>AND</b></li> <li>At least 7 days have passed <i>since symptoms first appeared</i></li> </ol>

\* If HCP was never tested for COVID-19 but has an alternate diagnosis (e.g., tested positive for influenza), criteria for return to work should be based on that diagnosis.

Work Practices and Restrictions for HCP Diagnosed with COVID-19
<ol style="list-style-type: none"> <li>Always wear a facemask while in the healthcare facility until all symptoms are completely resolved or until 14 days after illness onset, whichever is longer.</li> <li>Be restricted from contact with severely immunocompromised patients (e.g., transplant, hematology-oncology) until 14 days after illness onset.</li> <li>Adhere to hand hygiene, respiratory hygiene, and cough etiquette (e.g., cover nose and mouth when coughing or sneezing, dispose of tissues in waste receptacles).</li> <li>Self-monitor for symptoms; seek re-evaluation from occupational health if symptoms recur or worsen.</li> </ol>